

## CLAIMS

What is claimed is:

1. A method for providing aroma therapy comprising the steps of:
  - (1) mounting a scent delivery package on a shaving unit such that said scent delivery package does not contact the skin of a user when being used;
  - (2) using said shaving unit while shaving to deliver therapeutic doses of aroma to the user sufficient to stimulate a positive effect in the user's brain.
2. The method for providing aroma therapy set forth in claim 1, wherein said step of mounting a scent delivery package further comprises mounting a scent delivery package having water soluble chemical encapsulated fragrances.
3. The method for providing aroma therapy set forth in claim 1, wherein said step of mounting a scent delivery package further comprises mounting a scent delivery package having gelatin encapsulated micro spherical fragrance particles so as to achieve a controlled timed release.
4. The method for providing aroma therapy set forth in claim 1, wherein said step of mounting a scent delivery package further comprises mounting a scent delivery package having gelatin arabic encapsulated micro-spherical fragrance particles so as to achieve a controlled timed release by manipulation of temperature, pH or pepsin concentration.
5. The method for providing aroma therapy set forth in claim 1, wherein said step of mounting a scent delivery package further comprises mounting a scent delivery package having non-porous micro spherical carrier particles which are rendered porous by an application of heat.

6. The method for providing aroma therapy set forth in claim 1, wherein said step of mounting said scent delivery package on said shaving unit further comprises mounting said scent delivery package in a reservoir in said shaving unit.

7. The method for providing aroma therapy set forth in claim 6, wherein said step of mounting said scent delivery package on said shaving unit further comprises mounting said scent delivery package in a reservoir of a handle of said shaving unit.

8. The method for providing aroma therapy set forth in claim 1, further comprising providing aroma therapy to the user by delivering a powerful scented fragrance for stimulation of the olfactory senses from said scent delivery package.

9. The method for providing aroma therapy set forth in claim 1, further comprising using a wet electric shaver as said shaving unit.

10. The method for providing aroma therapy set forth in claim 1, wherein said step of mounting a scent delivery package further comprises mounting a scent delivery package having gum arabic encapsulated micro-spherical fragrance particles so as to achieve a controlled timed release by manipulation of temperature, pH or pepsin concentration.

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11. A method for providing aroma therapy comprising the steps of:

- (1) mounting a scent delivery package on a shaving unit;
- (2) activating the scent delivery package to increase the strength of a scented fragrance emanating from said scent delivery package; and
- (3) using said shaving unit while shaving to deliver therapeutic doses of aroma to the user sufficient to stimulate a positive effect in the user's brain.

12. The method for providing aroma therapy set forth in claim 11, wherein said step of activating said scent delivery package comprises the application of heat.

13. The method for providing aroma therapy set forth in claim 11, wherein said step of activating said scent delivery package comprises the application of hot water.

14. A method for providing aroma therapy comprising the steps of:

(1) mounting a scent delivery package on a shaving unit;

(2) using said shaving unit while shaving to deliver therapeutic doses of aroma to the user sufficient to stimulate a positive effect in the user's brain by delivering a powerful scented fragrance for stimulation of the olfactory senses.

15. A method for providing aroma therapy comprising the steps of:

(1) mounting a scent delivery package on a shaving unit such that said scent delivery package does not contact the skin of a user when being used;

(2) using said shaving unit while shaving to provide aroma therapy to the user, wherein said aroma therapy is provided to the user by delivering a powerful scented fragrance for stimulation of the olfactory senses from said scent delivery package.